## LUCOMMUNITY CO-OPS

## Fresh Flyer SALES

KNOW YOUR FOOD KNOW YOUR FARMERS





Cedar Hills Orchard

IPM Honeycrisp Apple Bag

REG. \$11.99 EA \$**9.99** ed



Wild-Caught Alaskan Cod

\$3 off/lb



Thousand Hills

Grass-Fed Beef Stew Meat

REG. \$11.99/LB

\$8.99/lb



Mitica

## **Drunken Goat**

A semi-firm, aged, mild goat cheese, soaked in red wine to add a touch of fruitiness

**REG. \$20.99/LB** 

\$5 off/lb

Wedge Made

**Sweet Potato Poblano** Salad

REG. \$12.99/LB

\$3 off/lb



**Grass-Fed** 80/20 **Ground Beef** 

(16 oz)

\$**8.49** ea

REG. \$9.49 EA

Olli Salumeria

**Genoa Fontina Snack Pack** 

(2 oz)

**REG. \$5.99 EA** 



**Organic Hass** Avocado

(Product of Mexico)

REG. \$2.99 EA

Harmony Valley

**Organic Cilantro** Bunch

REG. \$2.99 EA

**Twin Organics** 

Organic Red & Yellow **Bell Pepper** 

REG. \$4.99/LB

2 for \$3

**Organic Thomcord** Grapes

Product of California

REG. \$5.99/LB

\$3.99/lb

Organic **Red Grapes** 

Product of California

REG. \$4.99/LB

\$2.99/lb



**Organic Green Grapes** 

Product of California

REG. \$4.99/LB

\$2.99/lb



**Organic Kiwi Berries** 

Product of Oregon (6 oz)

REG. \$4.99 EA

\$3.99 ea



**Organic Green Bartlett Pear** 

Product of Washington

REG. \$2.99/LB



\$1.99/lb

**Twin Cities Co-op Partners** 

BOARD 25 ELECTION

Owners, shape the future of your co-op

Pleasant Valley

**Organic Orange** Jack-o-Lantern

Product of Wisconsin

REG. \$6.99 EA

\$5.99 ea



Product of California

REG. \$3.99/LB

\$2.99/lb



WEDGE LYNDALE

WEDGE LINDEN HILLS

2105 Lyndale Ave. S., Mpls., MN 55405 3815 Sunnyside Ave., Mpls., MN 55410

**WEDGE.COOP** 

## VOTE



Now through Oct. 21

